



LGBTQ Resources

OUT Maine

Working toward a welcoming and affirming Maine for all rural young people of diverse sexual orientations, gender expressions, and gender identities.

PO Box 1723, Rockland, ME 04841

800-530-6997

www.outmaine.org

jeanne@outmaine.org, Executive Director

sue@outmaine.org, Program Director

lane@outmaine.org, Youth Coordinator

Bisexual Resource Center

Providing support to the bisexual community and raises public awareness about bisexuality

PO Box 170796, Boston, MA 02117

617-424-9595

brc@biresource.org

www.biresource.org

The Bridge Alliance

Supporting, educating, and promoting advocacy of the LGBTQA community in Northern and Eastern Maine

bridgealliance.maine@gmail.com

<https://www.facebook.com/TheBridgeAlliance/>

The Maine Health Equity Alliance

Providing services to and advocating for Maine's LGBTQ+ community, people living with HIV/AIDS, and people who use drugs

304 Hancock St, Suite 3B, Bangor, ME 04401

207-990-3626

mainehealthequity.org

info@mainehealthequity.org

Equality Maine

Working to secure full equality for LGBT people in Maine

PO Box 1951, Portland, ME 04104

207-761-3732

www.equalitymaine.org

info@equalitymaine.org

Frannie Peabody Center

Comprehensive HIV & AIDS Services

30 Danforth St, Suite 311, Portland Maine 04101

207-774-6877

www.peabodycenter.org

GLAD

GLBTQ Legal Advocates & Defenders

18 Tremont St, Suite 950, Boston, MA 02108

617-426-1350

www.glad.org



LGBTQ Resources

GLSEN Southern Maine

Creating safe and affirming schools for all, regardless of sexual orientation, gender identity, or gender expression

PO Box 10334, Portland, ME 04104

207-619-1417

glsensomaine@gmail.com

www.glsen.org/chapters/southernme

Outright Lewiston/Auburn

Creating safe and affirming environments for youth ages 14-21 who identify as LGBTQ

info@outrightla.org

www.outrightla.org

Maine Trans Net

Supporting and empowering transgender people to create a world where they can thrive

511 Congress St, Portland, ME 04101

207-370-0359

info@mainetransnet.org

mainetransnet.org

PFLAG Portland

Offering compassionate peer support to the parents, families, and friends of, and including, LGBTQ individuals

PO BOX 8742, Portland, ME 04104

pflagportlandmaine@gmail.com

pflagportlandmaine.org

Portland Lesbian Coffeehouse

Virtual Networking and Event Coordination

www.meetup.com/Portland-Lesbian-Coffee-House

Portland Outright

Supporting underserved members of the LGBTQ+ youth community

56 North St, Suite 100, Portland ME 04101

207-558-2429

portlandoutright@gmail.com

Seacoast Outright

Support for LGBTQ youth 21 and under

PO BOX 842, Portsmouth, NH 03802

603-552-5824

http://seacoastoutright.org

Trans Youth Equality Foundation

Advocating for transgender, gender non-conforming, and intersex youth ages 2-18

PO Box 7441, Portland, ME 04112

207-478-4087

contact@transyouthequality.org

transyouthequality.org

Maine Suicide Prevention Program: Crisis Help

www.maine.gov/suicide/help/index.htm

Maine Crisis Hotline

1-888-568-1112

Medical emergency?

Call 911

Not in Maine?

Call the National Suicide Prevention

Lifeline: 1-800-273-8255 TTY: 1-800-799-4889