



Upper Elementary, Middle School, High School

Trans People in Sports



Transgender track stars speak out as critics allege unfair advantage
YouTube video 5 minutes



Transgender Male Wrestler hits college mats | More In Common
YouTube video 5 minutes



Meet the Transgender NCAA Swimmer from Harvard | Identify
YouTube video 13 minutes

Transgender athletes often face many obstacles when participating in a sport. There are many regulations regarding hormones, surgeries and birth certificates, and not every state has the same rules. Despite these obstacles, there are many transgender athletes who are successful and talented in their respective sports!

Do you know of any transgender athletes?

What would you say to someone who thinks that hormone replacement therapy is the same as taking steroids?

What would you say to someone who thinks that transgender women and girls have an unfair advantage over cisgender women/girls?

How can sports be more inclusive of non-binary athletes?